



RGH Peer-2-Peer Connect Application

Thank you for your interest in Resilience Grows Here Veterans Peer Mentoring Program. You are applying to become a peer mentor. Peer mentors serve as role models and provide support and friendship to other veterans by helping them problem solve and connect to community veteran resources. Peer mentors play a key leadership role in the mentees lives and we thank you for your interest. Please complete this application to be considered for a peer mentoring position.

Veteran Application Criteria

Please sign and date this section of the application to verify you meet the criteria required to become a peer mentor.

- I have served in the military (active, national guard, reserves, officer or enlisted)
- I will disclose if I am being triggered or becoming to emotionally involved with my peer
- I can participate in the required Veteran Peer Mentor Training.
- I will be able to dedicate 1-2 days per month with peer
- I can provide references if requested
- Copy of a photo identification card (ex. military, license, passport)

Signature: _____ Date: _____

Scheduled Training Date: _____ Completed: YES OR NO

Packets should be turned in to:

The selection committee will review all applications and schedule interviews for selected candidates. Applicants who are not selected for an interview will be notified via email and will be able to volunteer in another way.



General Information

Name: _____ Date of Birth: _____

Email: _____

Address: _____ City: _____ State: ____ Zip: _____

Phone/Cell Phone: _____

Branch of Service: Army__ Air Force__ Navy__ Marines__ Coast Guard__ Reserve__

Dates of service: To _____ From _____ Type of Discharge: _____

Marital Status: Single Married Widowed Divorced

Children (#): _____

Availability: **M T W R F Weekends(Sat/Sun)**

Day/Evening/ Both **Time Specification: _____** **Weekly/ Biweekly/ Monthly**

Self-Evaluation Responses

Please complete your responses to the following questions and complete the self-evaluation.

- Why are you interested in becoming a peer mentor?

- What characteristics do effective peer mentors need to possess?

- What personal qualities make you a good candidate for this position?

- What experiences have prepared you for this position?



Self-Screening Tool

Please rate yourself for the following:

I maintain a positive attitude. (never) 1----2----3----4----5 (always)

I follow through on commitments. (never) 1----2----3----4----5 (always)

Please rate your interpersonal skills? (weak) 1----2----3----4----5 (strong)

Please rate your ability to problem solve? (weak) 1----2----3----4----5 (strong)

Please rate your self-motivation? (weak) 1----2----3----4----5 (strong)

I work well with others. (never) 1----2----3----4----5 (always)

I listen well to others. (never) 1----2----3----4----5 (always)

How familiar are you with veteran resources? (not very) 1----2----3----4----5 (very familiar)

Emergency Contact Information

Directions: Please provide two emergency contacts that you give us permission to contact in case of emergency:
Resilience Grows Here is made possible through funding from the Movember Foundation.



Contact #1 Name: _____ Phone: _____

Contact #2 Name: _____ Phone: _____