



## Peer-to-Peer Mentor Program Peer Mentor In-Depth Interview Guide

### Overview

1. How long have you been a peer mentor?
2. What interested you about the program and becoming a peer mentor?
3. What do you bring to the peer mentor process? (Probe for qualities/characteristics, skills, experiences, etc.)
4. What were your expectations of the program?
5. Explain how you got involved in the Peer Mentor Program.
  - 5.a. How did you find out about the program? Who contacted you with the opportunity?
  - 5.b. How did you feel about it? [Probe for initial questions, concerns.]

***Without breaking confidentiality, I'd like to talk with you about your experiences as a peer mentor in this current peer-to-peer mentoring relationship.***

### Initial Contact

1. Describe your initial contact with your mentee. (Probe for method of contact, number of attempts, ease/difficulty of making contact, introductions and initial conversation.)
2. At your first meeting, where did you go and what did you? Whose choice/idea was it?
3. Do you have more than 1 mentee? [If so, ask the following set of Mentor/Mentee Relationship And Outcomes questions about each one.]

### Mentor/Mentee Relationship

1. How long have you and your mentee been working together as part of this program?
2. Tell me a little about the things you do together, and how decisions are made about activities, locations, times. (Probe for whether these are mutual decisions, one-sided)
3. What do you see as your similarities and differences?
  - 3.a. How have these been assets do your relationship?
  - 3.b. How have they been challenges?
4. Describe your relationship with your mentee.
  - 4.a. How do you perceive yourself?
  - 4.b. How does he/she perceive you?

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5. From your perspective, what are the mentee's most important needs or concerns?
  - 5.a. How do you know this?
  - 5.b. How frequently does he/she share these issues with you?
  - 5.c. How comfortable are you in discussing these issues?
6. From your perspective, how does your mentee perceive the relationship and your roles?
7. What interpersonal skills have you put to use in this program?
8. Trust and respect are important in any relationship. How have you been able to accomplish this? Discuss successful strategies and challenges.
9. It is important to establish and maintain boundaries. How have you been able to accomplish this? Discuss successful strategies and challenges. (Probe for situations, peer or family requests, peer or family expectations that were inappropriate or challenging)

### **Outcomes**

1. What, if any, referrals have you made for the mentee?
2. Has he/she followed up on any referrals or contacts? Please explain.
3. From your point of view, what have been the positive outcomes of this peer-to-peer relationship to date for the mentee?
4. What have been the positive outcomes of this peer-to-peer relationship for you?
5. What challenges have arisen? For the mentee. For you.
6. What questions or concerns have arisen? For the mentee. For you.

### **Program Evaluation**

1. How would you evaluate the Peer-to-Peer Program?
2. What does the program mean to you?
3. What does the program offer the mentee?
4. What does the program offer the mentor?

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5. Would you have participated in and/or benefitted from this type of program when you returned home after your service? Please explain.

6. What would you change about the Peer-to-Peer training or implementation?

7. How would you describe or explain the Peer-to-Peer Program to someone, or to a group who had never heard of it?

### **Additional comments**

*Thanks you for taking the time and speaking candidly about your experience as a Peer-to-Peer mentor.*