

No Wrong Doors: Review of the Event

April 26, 2019

Hosted and Sponsored by:

Tunxis Community College

Resilience Grows Here





Some Vital Statistics

- **130 attendees**
- **9 RGH Steering Committee Members**
- **19 Speakers**
- **20 Volunteers**
- **23 Vendors**
- **100 QPR trained**
- **Congressman Blumenthal Attended**

16* Attendees Responded to the Feedback/Evaluation Form

- Faculty - 3
- Administrator - 2
- Student - 1
- Community Resource - 5
- Active Duty Military/Reservist - 1
- Veteran - 4
- Friend/Family of Veteran/Active Duty Military/Reservist - 4
- Other – 2

*Some identified in more than 1 category

Respondents, continued

Gender: Male - 7 Female – 9

Age: There was a diversity of ages, from 26 – 71

- 20 – 30 = 1
- 31 – 40 = 5
- 41 – 50 = 3
- 51 – 60 = 1
- 61 – 70 = 4
- >70 = 1

The feedback was overwhelmingly positive, with respondents ticking “Agree” to statements 1 - 14

1. As a result of this training, I have a greater understanding of military life.
2. As a result of this training, I have a greater understanding of behavioral and emotional responses of military members, veterans and their families related to military life.
3. As a result of this training, I have a greater understanding of the similarities and differences between symptoms of TBI and PTSD.
4. As a result of this training, I have a greater understanding of VA resources and complexity in accessing services.
5. As a result of this training, I have a greater understanding of the effects of military life, deployment and military-related injuries on families.
6. This training helped me to gain greater knowledge and understanding of suicide prevention, with specific attention to military members, veterans and their families.
7. I will use/apply the information I gained from this training.
8. Participating in this training allowed me to connect with people that have shared interests/experiences.
9. The facilitators were knowledgeable in the subject area.
10. Attendees’ questions, thoughts and concerns were understood and addressed.
11. The training met my needs/expectations.
12. The resource fair was helpful and allowed me to network with community veteran resources.
13. I have a better understanding of Resilience Grows Here (RGH) mission and programs.
14. Would you recommend this training to others?

Topics people found most useful/relevant

The top 3 topics identified were:

- TBI/PTSD
- Family Experiences/Challenges
- Suicide Prevention/QPR

Others of particular interest included:

- Diversity of topics and presenters
- VA medical services; VA health person
- Transition issues; re-entry to civilian life
- Clarification of active duty and National Guard status

Gaps in the Training

- Not having copies of power points
- Resources for older veterans
- Maybe more vendors

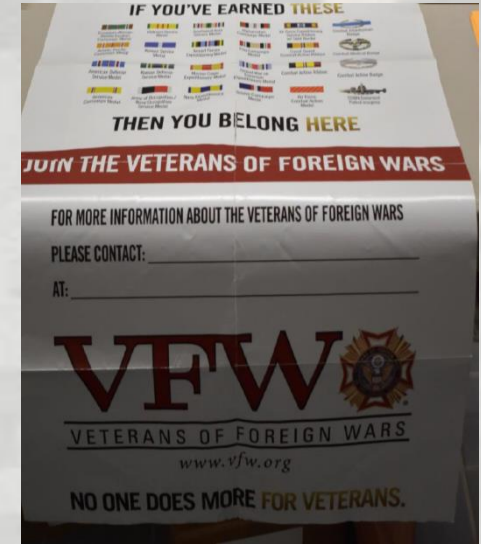
How can we improve this training in the future?

- Make every town/city vet rep aware
- Divide the content and make half-day trainings available; shorten event time frame
- Desk instead of just chairs
- Bigger location

Additional Comments

- “It was a well planned and organized day”
- “Participants spoken to were very happy they came. They all indicated that they learned more than they expected. Hoping others will be trained.”
- “Yes, as a family member of an active duty military member and a veteran, it was still insightful.”
- “I have a lot of experience with student veterans, but this session "From the Front Porch" was very enlightening”
- “I loved the training especially the veteran voices panel discussion.”
- “I am not a veteran but I have friends who are who are dealing with PTSD from combat...I have so much information to bring back to my friends ”
- “I think I will go back to my college (Capital) and see if we can apply some ideas there.”
- “Please do this again.”

Thank You!



Questions/Comments